

# User card

This user card provides instructions on how to use the OSAsense S18



## Questionnaire

- Fill in the questionnaire using the link in your email or log in to [ch.osasense.com](http://ch.osasense.com) and fill in your phonenumber or the code that you received from your health care provider.



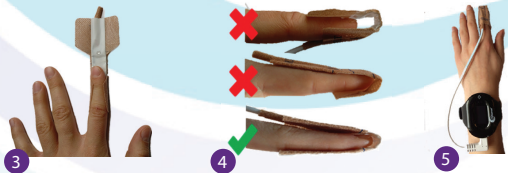
## OSAsense S18

- Watch the instruction video at [www.osasense.nl/video](http://www.osasense.nl/video). Attach the OSAsense S18 to your left wrist. See picture 1. Unpack the sensor and remove the protective foil. See picture 2.

NOTE: It is not possible to perform a measurement when you wearing fake nails or nailpolish. It is also not possible for the sensor to perform a measurement in case of reduced blood flow due to a tightly stuck sensor or a finger that is too cold.

## Sensor attach

- Place your left index- or ring finger on the sensor. See picture 1.
- Stick carefully the first wings on the side of your finger.
- Fold the sensor over your finger.
- Carefully stick the last wings on the side of your finger.




➔ The instruction continue at the other side.


## Control

- Make sure the sensor touches the finger. See picture 4.
- Make sure the sensor is right on the finger. See picture 7.

## Connection

- Connect the sensor with the OSAsense S18.
- Touch the  - symbol until the screen turns on.
- The device will now turn on.
- If the screen looks like picture 6, you can start the measurement.

## During sleeping

- Wear the OSAsense S18 and the sensor all night.
- Make sure the OSAsense S18 do not get wet.
- It is possible to turn on and of the display of the OSAsense S18 by touching the  - symbol.
- Now you are ready to go to sleep.

## Finish the measurement

- When you awake you need to disconnect the sensor from the OSAsense S18.
- Remove the sensor carefully from your finger.
- Stick the back on the protection foil.

❓ Do you have any questions? Please, contact your own health care provider.

